



CPR & EpiPen Training Course

Qualification: Accredited by ITC First

Duration: 3 hours

Certificate: 3 years

Aimed at teachers, classroom assistants and anyone involved in the education sector, this practical three hour course covers essential lifesaving techniques to ensure that you feel confident dealing with a severe allergic reaction. With allergies on the increase, the ability to understand allergic conditions, anaphylaxis and how and when to use an adrenaline auto-injector (EPIPEN) is fast becoming an essential part of childcare.

Your next INSET/training day would be an ideal opportunity to gain some essential first aid skills.

Core content: Recognition and treatment of severe allergic reaction, different types of auto-injector and their correct use, dealing with an unconscious casualty and CPR resuscitation (adult and child).

Assessment: Continual assessment by trainer observation.

Certificate: Certified by ITC First and valid for 3 years.



ITC First is a recognised awarding body that develops qualifications and approves, supports and verifies the activity of training centres delivering accredited first aid courses and qualifications.

Elements First Aid is a training centre approved to deliver Ofqual, SQA and ITC accredited courses and qualifications.

Established by Flora Schnider in 2006, **Elements First Aid** provide a variety of exceptional first aid courses to groups of individuals in the UK and overseas. Flora is an experienced professional trainer with over 10 years of experience dealing with accidents and emergencies on front line 999 ambulances in central London. She is passionate about fun, practical, relevant first aid training.

Price: £395 for a group to a maximum of 10. Smaller or larger groups can be accommodated. Please contact us for more information.

Price is for a group in your own venue and includes all course equipment - course materials, first aid manuals, resuscitation manikins, handouts, course registration and certification. Travel expenses and accommodation may be at an additional cost depending on course location.