



## Emergency First Aid for Schools (INSET)

**Qualification:** Accredited by ITC First

**Duration:** 1 day (minimum 4 hours)

**Certificate:** 3 years

Aimed at anyone involved in the education sector, this practical one day course covers essential lifesaving techniques to ensure that you feel confident dealing with an incident safely and systematically. The course content reflects the needs of first aid care in diverse educational settings, ranging from the classroom to residential courses and away days.

This course is ideal for teachers, classroom assistants, playground helpers and kitchen staff. Training in your School or College environment can be tailored to your needs aimed specifically at the issues identified by your establishment, dealing with topics of real concern to your staff.

Your next INSET/training day would be an ideal opportunity to gain some essential first aid skills.

**Core content:** A systematic approach to incident management, vital signs, recovery position, CPR (adult and child), drowning, choking, bleeding, shock, head injuries, common medical emergencies etc.

**Assessment:** Continual assessment by trainer observation.

**Certificate:** Certified by ITC First and valid for 3 years.



ITC First is a recognised awarding body that develops qualifications and approves, supports and verifies the activity of training centres delivering accredited first aid courses and qualifications.

**Elements First Aid** is a training centre approved to deliver Ofqual, SQA and ITC accredited courses and qualifications.

Established by Flora Schnider in 2006, **Elements First Aid** provide a variety of exceptional first aid courses to groups of individuals in the UK and overseas. Flora is an experienced professional trainer with over 10 years of experience dealing with accidents and emergencies on front line 999 ambulances in central London. She is passionate about the outdoor environment and about fun, practical, relevant first aid training.

**Price:** £595 for a group to a maximum of 10. Smaller or larger groups can be accommodated. Please contact us for more information.

Price is for a group in your own venue and includes all course equipment - course materials, first aid manuals, resuscitation manikins, handouts, course registration and certification. Travel expenses and accommodation may be at an additional cost depending on course location.