



Baby & Child First Aid

Duration: 2 hours

Price: £25 per person (minimum 4)

Ideal for parents, grandparents, babysitters or carers, this non assessed awareness course will teach you how to deal with accidents and emergencies involving babies and children. We aim to give you practical skills, knowledge and confidence to deal with a variety of first aid situations in a fun, relaxed setting.

These friendly first aid classes are ideal for NCT groups or for new parents to learn together with friends and family. We deliver the training in your home, on a date and time that suits you and babies under 12 months are welcome.

We cover all the essential lifesaving skills including how to manage an unconscious casualty, recovery position, CPR and choking. We then go on to learn about bleeding, head injuries, fractures, fever, seizures, burns, meningitis and other childhood conditions.

As well as some amazing lifesaving skills, you will also receive an Elements First Aid certificate valid for 1 year and course handouts to read in your own time.

Elements First Aid is a training centre approved to deliver Ofqual, SQA and ITC accredited courses and qualifications. Established by Flora Schnider in 2006, **Elements First Aid** provide a variety of exceptional first aid courses to groups of individuals in the UK and overseas. Flora is an experienced professional trainer with over 15 years of experience dealing with accidents and emergencies on front line 999 ambulances in central London. A mum of two, she is passionate about fun, practical, relevant first aid training.