



## HSE First Aid at Work Requalification (FAWR)

**Qualification:** ITC Level 3 Award in First Aid at Work (RQF)

**Duration:** 2 days / 12 hours

**Certificate:** 3 years

This practical two day course is suitable for **higher hazard workplaces** such as construction sites and factories or workplaces with more than 50 employees. It is designed to maintain the HSE First Aid at Work (FAW) qualification, therefore candidates must hold a valid FAW certificate (or attend the course within 1 calendar month of its expiry).

**Core content:** The FAW Requalification course covers the same content as the full three day FAW course in enough detail to ensure that candidates are competent and confident to deal with a First Aid emergency in the workplace.

**Assessment:** Continual assessment by trainer observation and three short multiple choice question papers. Candidates must attend the full 12 hours to qualify.

**Certificate:** Certified by ITC First and valid for three years.

This ITC qualification is regulated by the Office of Qualifications and Examinations Regulation (OfQual) and is part of the Regulated Qualifications Framework (RQF).



ITC First is a recognised awarding body that develops qualifications and approves, supports and verifies the activity of training centres delivering accredited first aid courses and qualifications.

**Revalidation:** The full FAW qualification is revalidated by completing another 12 hour First Aid at Work Requalification (FAWR) course, providing the FAW certificate is within its valid lifetime. The FAWR qualification can be taken up to 3 months before the date of expiry or within 28 days past expiry of the FAW certificate.

The HSE also strongly recommend that candidates attend an annual **Basic Skills Refresher** course (3 hours) to prevent skill fade and maintain confidence.

**Elements First Aid** is a training centre approved to deliver Ofqual, SQA and ITC accredited courses and qualifications.

Established by Flora Schnider in 2006, **Elements First Aid** provide a variety of exceptional first aid courses to groups of individuals in the UK and overseas. Flora is an experienced professional trainer with over 15 years of experience dealing with accidents and emergencies on front line 999 ambulances in central London. She is passionate about fun, practical, relevant first aid training.

**Price:** £165 per person joining a scheduled course. In-house group rate\* £120 per person (minimum 6). Trainer to student ratio 1:12. Smaller or larger groups can be accommodated. Please contact us for more information.

Price is for a group in your own venue and includes all course equipment - course materials, first aid manuals, resuscitation manikins, handouts, course registration and certification. Travel expenses and accommodation may be at an additional cost depending on course location.