



Forest Schools First Aid

Qualification: Accredited by ITC First

Duration: 2 days / 16 hours (09.00 - 18.00)

Certificate: 3 years

This fun, practical two day course is specific to the forest school setting with a focus on first aid situations and scenarios that you may come across during outdoor play and learning in a woodland environment.

Designed by ITC First, Andy Forsyth and 'Archimedes Training', this course is specifically for the Forest Schools Practitioner, and is a must for all Level 3 Practitioners. Covering first aid for both adults and children (age 1 – puberty), this course prepares candidates to deal with incidents in the outdoors and remote settings.

This course will give you the skills to cope with most minor and major first aid incidents to ensure that you feel confident to deal with them safely and systematically.

Please note, this course does not cover infants (0 – 1 year) and is therefore not transferable to early years (EYFS) statutory requirements for Paediatric First Aid.

Core content: A systematic approach to incident management, vital signs, recovery position, CPR (adult and child), choking (adult and child), bleeding, shock, hypo/hyperthermia, major and minor injury, head/neck injury, eye injury, bites and stings, poisoning, burns, electric shock and common illnesses.

Assessment: Continual assessment by trainer observation. Candidates must attend the full 16 hours to qualify.

Certificate: Certified by ITC First and valid for 3 years.



ITC First is a recognised awarding body that develops qualifications and approves, supports and verifies the activity of training centres delivering accredited first aid courses and qualifications.

Elements First Aid is a training centre approved to deliver Ofqual, SQA and ITC accredited courses and qualifications.

Established by Flora Schnider in 2006, **Elements First Aid** provide a variety of exceptional first aid courses to groups of individuals in the UK and overseas. Flora is an experienced professional trainer with over 10 years of experience dealing with accidents and emergencies on front line 999 ambulances in central London. She is passionate about the outdoor environment and about fun, practical, relevant first aid training.

Price: £895 for a group to a maximum of 10. Smaller or larger groups can be accommodated. Please contact us for more information.

Price is for a group in your own venue and includes all course equipment - course materials, first aid manuals, resuscitation manikins, handouts, course registration and certification. Travel expenses and accommodation may be at an additional cost depending on course location.