



FIRST AID TRAINING

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## Child & Baby First Aid

**Qualification:** Elements Awareness

**Duration:** 2 hours

**Certificate:** Elements First aid certificate of attendance

**Learner age:** 14 years +

Essential for every parent, this friendly, relaxed class will teach you how to deal with accidents and emergencies involving babies and children. We aim to give you real practical skills so that you have the knowledge and confidence to keep your little ones safe.

Ideal for NCT groups or new parents to learn together with friends and family, you can join one of our scheduled classes or we can deliver the training in your own home, on a date and time that suits you. Babies under 12 months are always welcome.

As well as some amazing lifesaving skills, you will also receive an Elements First Aid attendance certificate valid for 1 year and course handouts to read in your own time.

### + Suitable for

Parents, grandparents, babysitters, baby & toddler group volunteers & NCT groups.

## **+ Core content**

We cover all the essential lifesaving skills including how to manage an unconscious casualty, recovery position, CPR and choking. We then go on to learn about bleeding, head injuries, fractures, fever, seizures, burns, meningitis and other childhood conditions.

## **+ Assessment**

This is a relaxed awareness course – there is no formal assessment.

## **+ Nature of training**

This is an active and practical course that involves rolling around on the floor and some occasional close contact with another learner. Learners need to comply with our Covid-19 mitigation measures. Please contact us prior to the course starting if you require a reasonable adjustment.

## **+ Prerequisites**

None

## **+ Dual qualifications**

N/A

## **+ Certificate**

You'll receive an Elements First Aid certificate of attendance. Electronic certificates are emailed out to learners approximately 2 weeks after the training.

## **+ Revalidation**

Recommended annually.

## **+ Price**

Individual joining a scheduled course – £25

In-house group (minimum 6) – £25 per person

In-house group (full course max 12) - £250

Additional qualification certificates – N/A

Trainer to student ratio 1:12. Smaller or larger groups can be accommodated. Please contact us for more information. Price includes use of all course equipment including

bandages & resuscitation manikins, PPE, a comprehensive First Aid manual, handouts, course registration and certification. For private group courses, travel expenses and accommodation may be at an additional cost depending on course location. We are not currently VAT registered.

