



FIRST AID TRAINING

E: [info@elementsfirstaid.co.uk](mailto:info@elementsfirstaid.co.uk)

W: [www.elementsfirstaid.co.uk](http://www.elementsfirstaid.co.uk)

T: 01273 707851



## Community Defibrillator Training

Qualification: Elements Awareness

Duration: 2 hours

Certificate: Elements First Aid certificate of attendance

Learner age: 16 years +

Do you know how to use your community defibrillator? At Elements we are passionate about CPR and defibrillator training because we know that what you do in those first few minutes, even before the ambulance arrives, can make all the difference. Gather your community group together and we'll come to you with all the equipment required at a time that suits you.

Every year in the UK there are over 30,000 cardiac arrests outside of hospital – in homes and communities. However, currently less than one in ten survive to leave hospital. The key to survival is good quality CPR and EARLY defibrillation – ideally within the first 3 minutes of collapse. Defibrillators are safe, easy to use and save lives.

+ Suitable for

Anyone that has a community defibrillator.

## **+ Core content**

We cover all the essential lifesaving skills including how to manage an unconscious casualty, recovery position, CPR and safe use of an Automated External Defibrillator (AED).

## **+ Assessment**

This is a relaxed awareness course – there is no formal assessment.

## **+ Nature of training**

This is an active and practical course that involves rolling around on the floor and some occasional close contact with another learner. Participation is encouraged by not mandatory. Learners need to comply with our Covid-19 mitigation measures. Please contact us prior to the course starting if you require a reasonable adjustment.

## **+ Prerequisites**

None

## **+ Dual qualifications**

N/A

## **+ Certificate**

You'll receive an Elements First Aid certificate of attendance. Electronic certificates are emailed out to learners approximately 2 weeks after the training.

## **+ Revalidation**

Recommended annually.

## **+ Price**

Individual joining a scheduled course – £25

In-house group (minimum 6) – £25 per person

In-house group (full course max 12) - £250

Additional qualification certificates – N/A

Trainer to student ratio 1:12. Smaller or larger groups can be accommodated. Please contact us for more information. Price includes use of all course equipment including

bandages & resuscitation manikins, PPE, a comprehensive First Aid manual, handouts, course registration and certification. For private group courses, travel expenses and accommodation may be at an additional cost depending on course location. We are not currently VAT registered.



